



## Intake Note

Larch Counseling PLLC

Clinician: Danielle Smith, LMHCA

Patient: Raina Soleil Goodnight-Ralidak, DOB 6/3/2018

Date and Time: 10/14/2024 1:00 PM - 2:00 PM

Duration: 60 minutes

Service Code: 90791

Location: Duvall Office

Participants: Client, mom

### Presenting Problem

Client has experienced trauma and the weight of parents divorce. Client has difficult time following directions and mother is concerned that client could possible gave ODD. Client's mom would like client to learn more tools for self-soothing instead of thumb sucking

### Current Mental Status

Orientation:	X3: Oriented to Person, Place, and Time
General Appearance:	Appropriate
Dress:	Appropriate
Motor Activity:	Unremarkable
Interview Behavior:	Appropriate
Speech:	Normal
Mood:	Euthymic
Affect:	Congruent
Insight:	Excellent
Judgment/Impulse Control:	Excellent
Memory:	Intact
Attention/Concentration:	Good
Thought Process:	Unremarkable
Thought Content:	Appropriate
Perception:	Unremarkable
Functional Status:	Intact

### Risk Assessment

Patient denies all areas of risk. No contrary clinical indications present.

### Objective Content

Covered informed consent, confidentiality.

### Biopsychosocial Assessment

Identification:	6, she/her
History of Present Problem:	since seperation
Psychiatric History:	none
Trauma History:	seperation of family
Family Psychiatric History:	will update later
Medical Conditions & History:	speech therapy
Current Medications:	none
Substance Use:	none
Family History:	1 older sister, 1 older brother. Parents seperated, messy divorce. Child cries when at dads. Client behaves out of the ordinary when coming home from dad according to mom
Social History:	friendly, has friends at school.



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Spiritual/Cultural Factors:	Christian
Developmental History:	all normal. speech delayed
Educational/Vocational History:	1st grade, smart, does well in school
Legal History:	none except the divorce for parents
SNAP:	Funny, smart, and kind
Other Important Information:	reviewed paperwork

### Plan

Create treatment plan, meet with mom privately

### Diagnosis

F43.25 Adjustment disorder with mixed disturbance of emotions and conduct

Danielle Smith, LMHCA, Licensed Mental Health Counselor Associate, License MC61294206, signed this note and declared this information to be accurate and complete on 10/24/2024 at 2:05 PM.