

## EXHIBIT C1: Original WMC Complaint Email

**From:** KiT Spins (kit@kitspins.com)

**Date:** August 11, 2025

**Subject:** Portal down: Formal Complaint – Anjali D’Souza, MA, LMHCA, MHP – Compass Health

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Dear [Department of Health Intake or Investigator],

I am submitting a formal complaint regarding Anjali D’Souza, MA, LMHCA, MHP, a clinician with Compass Health, for serious ethical violations, disregard of court orders, and actions detrimental to my child’s safety, wellbeing, and family relationships.

### Summary of Concerns:

**1. False CPS Reports Based on Hearsay** Ms. D’Souza filed multiple CPS reports based entirely on statements from my child’s father, without verifying facts or contacting me, despite my joint legal custody and decision-making rights. The allegations were false, so much so that CPS closed the cases without interviewing me or conducting an investigation. These actions weaponized CPS against me during an ongoing high-conflict custody matter.

**2. Failure to Protect Child from Known Abuser** My child, Elora, began therapy following sexual abuse by another child at her church. The primary goal of treatment was to address this trauma and provide safety. Despite this, Ms. D’Souza allowed Elora to continue weekly church attendance where the abuser was present, with no protective plan in place for months. Elora eventually resumed contact and play with the child who abused her, directly undermining the purpose of therapy and retraumatizing her.

**3. Violation of Parenting Plan and Court Orders** On multiple occasions, I sent written requests to pause therapy during active custody litigation to prevent further conflict and ensure compliance with our parenting plan, which requires joint consent for medical and mental health treatment. Ms. D’Souza disregarded my written notice and continued therapy without my consent, aligning with my co-parent’s wishes in violation of my legal rights. This mirrors the pattern of misconduct I have reported regarding Larch Counseling.

**4. Direct Harm to Parent-Child Relationship** Ms. D’Souza’s lack of communication and reliance on false information from my co-parent directly contributed to the breakdown of my relationship with my children. My children’s father, Mathew Ralidak, has used her therapy notes — which contain fabricated and inaccurate statements — to make false accusations in court. This has resulted in a separation of over 130 days where I have been denied contact with my children, in violation of our parenting plan and court orders.

Had Ms. D'Souza communicated with me about concerns or allegations, these issues could have been addressed collaboratively as a family. Instead, her actions have caused unnecessary emotional trauma, enabled ongoing parental alienation, and inflicted serious harm on my children.

### **Harm Caused:**

These actions have: - Undermined my legal parental authority - Enabled ongoing parental alienation and separation from my children - Negatively impacted my children's safety, trust, and emotional wellbeing - Caused significant, avoidable emotional trauma to our family unit

### **Supporting Evidence:**

I have attached (or will attach, once portal is functioning) the following exhibits:  
- Copies of therapy notes and letters from Compass Health - CPS closure documentation - Emails showing my requests to pause services - Parenting plan excerpts confirming my joint decision-making authority - Court orders showing my right to contact my children

Given the severity of these actions and the risk of continued harm, I request that the Department of Health investigate Ms. D'Souza for ethical and professional misconduct, potential violation of Washington Administrative Code (WAC) standards for licensed counselors, and failure to comply with state law regarding parental consent in mental health treatment.

Thank you for your attention to this matter. Please confirm receipt of this complaint and advise on next steps.

Sincerely,

Veronika Goodnight 10323 Friar Creek rd Monroe WA 98272 (805)895-0509  
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