



May 29, 2025

Mathew Ralidak and Veronika Goodnight:

As Elora Goodnight-Ralidak's treating therapist and her therapist's supervisor, we are writing this letter after reviewing the current domestic violence protection order, family parenting plan, and supplemental findings. It appears that, despite the protection order that is in place, Elora's mother still has joint medical decision-making rights for Elora. We temporarily suspended Elora's therapeutic treatment per her mother's request while we researched this issue.

It should also be noted that therapeutic records were released based on Elora's father's request to release them, which was in compliance with Washington State law.

After consulting with the Quality Department at Compass Health, we received the following response: It is consistent with Compass Health values/previous decision making, and with state laws that we continue to treat Elora. Per the Washington state health law manual, "If a health care provider has notice, however, that the parents are in conflict regarding either the terms of the parenting plan or divorce decree, or the giving of consent to specific health care, the provider should obtain a copy of the parenting plan or divorce decree for interpretation. If the authority or custody is deemed to be mutual or joint or not allocated, and the parents continue to be unable to resolve their differences, they should be told to either reach an agreement or to obtain a court order authorizing the treatment or non-treatment. If treatment, such as ongoing counseling sessions or a medication regime or a surgical procedure, has been started at the time of receipt of notice of opposition to it by the other parent, it should be brought to a clinically appropriate conclusion and not interrupted to the detriment of the patient."

Because we believe that disruption in Elora's therapy will be detrimental to her, we are choosing to continue Elora's treatment with Compass Health at this time. Elora has utilized therapeutic treatment very well thus far. She has benefitted from her time in therapy and has seen a decrease in the following symptoms: episodes of emotional dysregulation, anxious thoughts, and feelings of anger. We expect that Elora's father will continue to will continue to work to resolve this conflict between Elora's parents related to her mental health treatment through family court.

Sincerely,

Anjali D'Souza

Anjali D'Souza, MA, LMHCA, MHS
Clinician II
Child Advocacy Program

Linda Lasz

Linda Lasz, MS, LMFT, CMHS
Program Supervisor
Child Advocacy Program

Advancing whole person health

PO Box 3810
Everett, WA 98213
(425) 349-6200
compasshealth.org

outlook.office365.com





October 16, 2024

Veronika Goodnight and Mathew Ralidak:

As Elora Goodnight-Ralidak's treating therapist, I am writing this letter to clarify my clinical recommendations about her safety and ongoing therapeutic treatment.

Elora currently continues to attend the same church as another child (Makayla). Problematic sexual behaviors allegedly occurred between the two children. However, if the current safety plan is in place at church and Elora feels safe attending, I do not have concerns about this plan. I also recognize the benefits of Elora continuing to attend church, including social enrichment.

Said safety plan consists of consistent adult supervision at church, and that Elora and Makayla are separated throughout their time there. Additionally, Elora and I have spent time in therapy defining her "safety circle" of trusted adults that she can go to, both within and outside of the church, should something unsafe occur in any aspect of her life.

It is also recommended that Elora continue to attend weekly trauma-focused therapy sessions to keep progressing and developing effective coping skills, as she has been. These recommendations are in place to support Elora's wellbeing and overall safety.

Sincerely,

Anjali D'Souza MA, LMHCA, MHP

Clinician II

Advancing whole person health

PO Box 3810
Everett, WA 98213
(425) 349-6200
compasshealth.org

outlook.office365.com

